



# December 2025

Please be aware St Agnes Surgery and Tea Tree Surgery will be closed Sunday 7<sup>th</sup> December.

## SOCIAL MEDIA LAUNCH

We are now on Facebook, Instagram and LinkedIn.

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## RESPONSIBLE DRINKING DURING THE FESTIVE SEASON



When enjoyed in moderation, alcohol can form part of a healthy lifestyle that includes good diet and exercise.

On the other hand, excessive drinking can have harmful effects on your health. In Australia, a standard drink refers to 10 grams of alcohol, which is on average, how much the human body can process in one hour.

For free and confidential advice about alcohol and other drugs, contact The National Alcohol and Other Drug Hotline on 1800 250 015 or speak to your GP for support.

## INTERNATIONAL DAY OF PEOPLE WITH DISABILITY

### 3<sup>rd</sup> DECEMBER

St Agnes Surgery embraces every opportunity to be part of creating an inclusive and diverse community for the 5.5 million people with disability in Australia, so we proudly recognise International Day of People with Disability and champion the theme for 2025 of: Fostering disability inclusive societies for advancing social progress. This UN observed day aims to promote community awareness, understanding and acceptance of people with disability.

## FESTIVE OPENING HOURS

Date	St Agnes Surgery	Tea Tree Surgery
Tuesday 23 <sup>rd</sup> December	CLOSED	8.00am - 5.30pm
Wednesday 24 <sup>th</sup> December	CLOSED	8.00am - 5.30pm
Thursday 25 <sup>th</sup> December	CLOSED	CLOSED
Friday 26 <sup>th</sup> December	CLOSED	CLOSED
Saturday 27 <sup>th</sup> December	CLOSED	8.00am - 12.00pm
Sunday 28 <sup>th</sup> December	CLOSED	9.00am - 1.00pm
Monday 29 <sup>th</sup> December	CLOSED	8.00am - 5.30pm
Tuesday 30 <sup>th</sup> December	CLOSED	8.00am - 5.30pm
Wednesday 31 <sup>st</sup> December	CLOSED	8.00am - 12.00pm
Thursday 1 <sup>st</sup> January	CLOSED	CLOSED
Friday 2 <sup>nd</sup> January	CLOSED	8.00am - 5.30pm
Saturday 3 <sup>rd</sup> January	CLOSED	8.00am - 12.00pm